

Appendix 5. Mean, normalized serum levels ($\mu\text{mol/L}$ for zinc), as described in the text, for the three dosage forms as a function of sampling time.

| Sampling (h) | Zinc | | |
|--------------|-----------|------------|-----------|
| | 4 Tablets | 2 Softgels | 1 Softgel |
| 0 | 0.000 | 0.000 | 0.000 |
| 0.5 | 0.384 | 0.654 | 0.384 |
| 1 | 0.536 | 0.299 | 0.536 |
| 1.5 | 1.385 | 0.577 | 1.385 |
| 2 | 0.781 | 0.848 | 0.781 |
| 2.5 | 1.057 | 0.883 | 1.057 |
| 3 | 0.885 | 0.737 | 0.885 |
| 4 | 2.606 | 2.321 | 2.606 |
| 5 | 2.702 | 3.144 | 2.702 |
| 6 | 1.610 | 1.570 | 1.610 |
| 8 | 0.000 | 1.328 | 0.000 |
| 12 | 0.080 | 0.000 | 0.080 |
| 24 | 3.719 | 3.822 | 3.719 |
| 48 | 2.722 | 2.977 | 2.722 |
| 168 | 0.000 | 0.000 | 0.000 |