

Appendix 10. Labelled and actual amounts of the micronutrients in the AREDS1 and full strength AREDS2 formulations. The actual amounts are the levels in the preparations guaranteed at their shelf life.

Nutrient (amounts in mg)	Labelled Amount	AREDS1 Level	AREDS2 Level (full strength)
β -Carotene	15	17.2	13.5
dl- α -Tocopherol	400	400	360
Ascorbic acid	500	452	450
Zinc	80	69.6	72
Copper	2	1.6	1.8