Clinical and molecular findings in three Lebanese families with Bietti crystalline dystrophy: Report on a novel mutation

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Purpose: Bietti crystalline dystrophy (BCD) is a rare autosomal recessive disorder caused by mutation of the cytochrome P450, family 4, subfamily V, polypeptide 2 (CYP4V2) gene and characterized by retinal pigmentary abnormalities and scattered deposits of crystals in the retina and the marginal cornea. The aim of this study was to investigate the spectrum of mutations in CYP4V2 in Lebanese families, and to characterize the phenotype of patients affected with BCD.

Methods: Nine patients from three unrelated Lebanese families were clinically and molecularly investigated. Detailed characterization of the patients’ phenotype was performed with comprehensive ophthalmic examination, color vision study, fundus photography, visual field testing, retinal fluorescein angiography, electroretinography, and electrooculography. One family was followed for 12 years. The 11 exons of the CYP4V2 gene were sequenced.

Results: Symptoms consisting of night blindness, loss of para-central visual field, and disturbed color vision were apparent during the third decade of life. Ophthalmoscopy revealed posterior pole crystalline deposits and areas of retinal pigment epithelium atrophy. Fluorescein angiography disclosed geographic areas of the pigment epithelium layer and choriocapillaris atrophy in the posterior pole and fundus periphery. The most striking findings were those of normal electroretinographic responses in some patients and clinical heterogeneity. Two mutations in CYP4V2 were found: p.I111T (c.332T>C) in exon 3 in two families and the novel p.V458M (c.1372G>A) mutation in exon 9 in one family.

Conclusions: These patients are affected with Bietti crystalline dystrophy without corneal involvement. Variation in disease severity and electroretinographic responses suggests that environmental or additional genetic factors influence the course of the retinal disease. The CYP4V2 p.I111T (c.332T>C) mutant allele may be especially prevalent among patients with BCD in Lebanon, resulting from a single founder.

Bietti crystalline corneoretinal dystrophy (BCD; OMIM 210370) is a retinal degeneration first described by Bietti in 1937 [1,2]. BCD is characterized by multiple glistening intraretinal crystals scattered over the fundus, a degeneration of the retina, and sclerosis of the choroidal vessels, ultimately resulting in progressive night blindness and constriction of the visual field. Two types of BCD have been described: one with corneal crystalline deposits (one quarter to one third of patients with BCD) and a second type with no corneal involvement and no limbal crystalline deposits, called Bietti crystalline fundus dystrophy (BCD) or crystalline retinopathy [1]. The mode of inheritance is autosomal recessive, and mutations of the cytochrome P450, family 4, subfamily V, polypeptide 2 (CYP4V2) gene, a novel family member of the cytochrome P450 genes widely expressed in the human heart, brain, placenta, lung, liver, and most abundantly in the retina and the retinal pigment epithelium, have been reported [1-9].

BCD is a global disease that appears to be more common in individuals of Asian descent [5,10]. In the Middle East, a few cases have been reported [11] but none molecularly investigated.

The purpose of this paper is to report for the first time on the clinical and molecular analysis in three Lebanese families with BCD, discuss the genotype-phenotype correlations as well as expose a 12-year follow-up in one family in which a novel mutation was identified.

METHODS

This study was granted approval by the Hotel-Dieu de France of Beirut Committee on Clinical Investigation and conformed to the tenets of the Declaration of Helsinki.

Clinical investigations: Otherwise good health except eye findings, one Maronite and 2 Shiite unrelated Lebanese families with clinical criteria of BCD syndrome were investigated (Figure 1). Nine affected individuals were examined extensively, including a comprehensive ophthalmic examination, color vision study, fundus photos, automated and Goldmann perimetry, routine blood tests, and molecular analysis.

Molecular studies: After informed consent was obtained from all the families, EDTA blood samples were collected, and DNA extracted on the spot for genetic studies. Eleven DNA samples were collected for this study from members of...
the three families (Figure 1): nine affected individuals and two parents (family 1: I-1 and I-2). DNA was extracted from lymphocytes with standard salt-precipitation method.

**Polymerase chain reaction amplification:** The CYP4V2 gene is made up of 11 exons. Intronic primers were designed using the Primer 3 software (Table 1). DNA sequences were obtained from the Human Genome Browser (UCSC database access number NM_207352) by comparing genomic DNA with cDNA sequences.

**Fluorescent sequencing:** All PCR-amplified fragments of the 11 exons of CYP4V2 gene were fluorescently sequenced using an ABI 3130 automated sequencer (Applied Biosystems, Foster City, CA). Electropherograms were compared to reference sequences using the Sequencher software v4.2 (Gene Codes Corporation, Ann Arbor, MI) and ChromasPro v1.5 (Technelysium, Tewantin, Australia).

**Polymerase chain reaction-restriction fragment length polymorphism:** Fifteen µl of the amplified product including a novel identified variant were digested with 7.5 units of the NlaIII restriction enzyme (New England Biolabs Inc., Ipswich, MA) overnight and electrophoresed on 2% agarose.

**RESULTS**

**Clinical findings:** Fifteen patients were examined in total. Nine patients were affected, and the remaining six asymptomatic individuals were examined in the genetic counseling setting. The clinical findings from the nine affected patients are summarized in Table 2. Eight were female. Two were asymptomatic, three had visual complaints related to nyctalopia, and four complained of decreased visual acuity (VA). Three of the patients had blindness, while in the others, visual acuity was preserved even in severe cases since the central vision had remained normal at first particularly for near, before decreasing gradually. Best-corrected visual acuity (BCVA) in these individuals ranged from light perception to Snellen 20/20. Color vision testing using
<table>
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<th>Patients/AGE</th>
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<th>Symptoms</th>
<th>BCVA</th>
<th>VF</th>
<th>Anterior segment</th>
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<th>ERG</th>
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<tr>
<td>F1:II-1/31yrs</td>
<td>F</td>
<td>nyctalopia</td>
<td>20/40 OD 20/25 OS</td>
<td>paracentral infero-nasal scotoma OD and a moderate cæcal scotoma OS</td>
<td>WNL</td>
<td>crystalline deposits, choriocapillaris and RPE atrophy</td>
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<td>F</td>
<td>nyctalopia</td>
<td>20/25 OU</td>
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<td>WNL</td>
<td>crystalline deposits, choriocapillaris and RPE atrophy</td>
<td>WNL</td>
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<tr>
<td>F2:II-3/34yrs</td>
<td>F</td>
<td>asymptomatic</td>
<td>20/20 OU</td>
<td>NA</td>
<td>WNL</td>
<td>crystalline deposits, choriocapillaris and RPE atrophy</td>
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<td>F2:II-5/30yrs</td>
<td>F</td>
<td>blurry vision</td>
<td>20/200 OD 20/30 OS</td>
<td>paracentral scotoma OU</td>
<td>WNL</td>
<td>crystalline deposits, choriocapillaris and RPE atrophy</td>
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<tr>
<td>F2:II-8/22yrs</td>
<td>F</td>
<td>asymptomatic</td>
<td>20/20 OU</td>
<td>NA</td>
<td>WNL</td>
<td>crystalline deposits, choriocapillaris and RPE atrophy</td>
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<tr>
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<td>F</td>
<td>blindness</td>
<td>CF 50cm OU</td>
<td>blind</td>
<td>WNL</td>
<td>Chorioretinal atrophy</td>
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<tr>
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<td>F</td>
<td>blindness</td>
<td>LP OU</td>
<td>blind</td>
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<tr>
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<td>blindness</td>
<td>20/400 OD CF 50cm OS</td>
<td>blind</td>
<td>WNL</td>
<td>Chorioretinal atrophy</td>
<td>NA</td>
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<tr>
<td>F3:V-8/26yrs</td>
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<td>20/25 OD 20/30 OS</td>
<td>paracentral scotoma OU</td>
<td>WNL</td>
<td>crystalline deposits, choriocapillaris and RPE atrophy</td>
<td>NA</td>
</tr>
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F: Family; C: case; BCVA: Best Corrected Visual Acuity; VF: Visual Field; ERG: Electroretinogram; OD: Right Eye; OS: Left eye; OU: both eyes; WNL: Within Normal Limits; NA: not recorded.
Ishihara plates ranged between normal and severe color vision deficiency. Automated visual fields when performed gave results ranging between paracentral scotoma and severe uniform alteration. The slit lamp exam did not show any corneal deposits, and the anterior segments were within normal limits in all examined patients. Fundus photos showed chorioretinal atrophy in all affected patients and crystalline deposits in some cases (Figure 2). When performed, electoretinography (ERG) remained within normal limits, and electrooculography (EOG) showed an additional decrease in the Arden ratio that was either moderately or severely affected.

Two patients from family 1 (Figure 1) were followed up for 12 years. Patient 1:II-1 initially had a BCVA of 20/40 OD and 20/25 OS in 1991. BCVA remained stable for approximately five years and began to drop progressively to reach 20/50 OU in 1999. The last follow-up examination at year 12 in 2003 showed a dramatic decrease in BCVA that became 20/120 OU with subtle changes in ocular fundoscopy where more chorioretinal atrophy and fewer crystalline deposits were noted. The cornea and anterior chamber remained normal during the entire follow-up, but small equatorial lens opacities were found in both eyes at year 1997 and remained stable afterwards. ERG was performed in 1996; results were within normal limits except for a slightly diminished maximal response whereas the EOG results showed a decrease in the Arden ratio. Patient 1:II-2 had an initial BCVA of 20/25 OU in 1991. BCVA OD remained stable during the first seven years and then dramatically dropped to 20/120 at the end of 1999 when the ocular fundus began to show more macular chorioretinal atrophy with fewer crystalline deposits. BCVA OS remained stable during the entire follow-up period reaching 20/30 in 2003. Small blue equatorial lens opacities were found in both eyes in 1999 and remained unchanged afterwards. ERG findings in 1996 were strictly normal, but the EOG showed a decrease in the Arden ratio that was more important in the left eye.

Molecular analysis: The exploration of the entire coding sequence of CYP4V2 in our series allowed identification of the causative mutation in the three families. In family 1, a novel homozygous variation, p.V458M (c.1372G>A), was found in exon 9 in the affected individuals, and at the heterozygous state in their non-affected parents (Figure 3). This mutation was confirmed with polymerase chain reaction-restriction fragment length polymorphism. The 550 bp amplified product was digested by NlaIII producing two fragments of 495 and 93 bp in the affected patients with an undigested product of 545 bp in the heterozygous non-affected individuals.

In families 2 and 3, a missense mutation p.I111T (c.332T>C) was found in exon 3 at the homozygous state in the affected individuals (Figure 4). Random DNA samples from 400 Lebanese chromosomes were subsequently tested for these mutations with fluorescent sequencing, and the variations were absent in all chromosomes.

DISCUSSION
Here, we report three Lebanese families with Bietti crystalline fundus dystrophy (BCD) or crystalline retinopathy. BCD affects both sexes, and the onset of features usually occurs
during the third decade of life, as was the case with our patients. Night blindness and symptoms related to loss of the peripheral visual field are prominent. Color vision may also be disturbed. Even in the asymptomatic stage, retinal crystalline deposits were already readily visible [12]. BCD has been described as a progressive disease, with a variable rate of progression as illustrated in the present families.

Functional tests can vary widely in the presence of identical morphologic changes in the fundus. In our cases, fluorescein angiography (FA) performed in the two sisters from the first family confirmed the diagnosis by revealing geographic areas of the retinal pigment epithelium and choriocapillaris atrophy involving the macular, perimacular, and peripapillary regions in both eyes (Figure 2). ERG within the normal range, such as in the two affected sisters in F1, has rarely been reported [13]. The most striking findings were those of the first family with two sisters having decreased visual acuity and progressive disease while maintaining a normal ERG. Usually, ERG is borderline to moderately abnormal in the localized form, and severely abnormal in the diffuse form. Abnormalities involve the photopic and scotopic systems. Researchers have suggested that cones might be less involved than rods in BCD, and that progression of BCD is consistent with a rod-cone dystrophy pattern [14].
The analysis of the CYP4V2 gene showed an abnormality in the three families. In family 1, a novel mutation was found: p.V458M (c.1372G>A). This variation was predicted as damaging to the protein function according to SIFT (Sorting Intolerant From Tolerant) software. A 12-year follow-up showed a mild exaggeration of symptoms, with progressive and moderate visual acuity reduction with the surprising findings of normal ERGs. This suggests the existence of less severe forms of BCD related to relatively mild CYP4V2 mutations. In families 2 and 3, a previously reported mutation was found, the p.I111T (c.332T>C) [10]. Both families denied any relation with each other. However, as the families share the same haplotype (Figure 5), we can postulate that this mutation derived from an ancestral mutation that was geographically restricted. Clinical comparison of the families did not show any phenotype-genotype correlation. Indeed, at the age of 39 and 37, patients V-2 and V-4 of family 3, respectively, presented a severe clinical phenotype; whereas patients II-3 and II-5 of family 2 aged 34 and 30, respectively, presented a less severe disease suggesting the possible involvement of genetic, epigenetic, or even environmental factors in the pathogenesis of BCD. In terms of environmental factors, lipid metabolism, and therefore diet, may play a role in the disease. Indeed, researchers have shown that CYP4V2 may play a role in fatty acid and steroid metabolism, which might be consistent with biochemical studies of patients with BCD [6,15]. Abnormal choroidal fibroblast inclusions are similar to those found in circulating lymphocytes, keratocytes, and conjunctival and skin fibroblasts [3]. Cultured lymphocytes from patients with BCD lack two fatty acid-binding proteins of 32 and 45 kDa, in comparison to age-matched controls [16].

In conclusion, this study further confirms the role of CYP4V2 in the pathogenesis of BCD. We report a new mutation that is associated with a better prognosis and normal ERG. Longitudinal studies on patients with BCD may reveal further differences in the clinical phenotype and severity of the disease according to their genotype.

ACKNOWLEDGMENTS

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